

You can make this annual Milford event a great success!



The 7th Annual 5K Road Race and Walk

to benefit the Milford Special Olympics Program

Saturday, September 10, 2010

If you would like to be a VOLUNTEER,
please sign up below
All ages welcome
(under the age of 12 must be accompanied by a parent/guardian)

We need volunteers for this very special event. If you have the time to help – before, during or after the race – we could use the help.

Volunteer Sign-up

Name _____

If under 21, please indicate your age _____

Tele _____

Email _____

I can help with:

- | | |
|--------------------------------------------------------|---------------------------------------------------|
| <input type="checkbox"/> Set up of signs, tables, etc. | <input type="checkbox"/> Registration sign in |
| <input type="checkbox"/> Starting line coordination | <input type="checkbox"/> Water station set up |
| <input type="checkbox"/> Water handout | <input type="checkbox"/> Finish line coordination |
| <input type="checkbox"/> Refreshments | <input type="checkbox"/> Awards ceremony set up |
| <input type="checkbox"/> Clean up | <input type="checkbox"/> Whatever you need |

Please **MAIL** or **FAX** this form to Milford Community Program, 31 West Fountain Street, Milford, MA 01757.
Fax: 508-634-2341

Or volunteer by **PHONE** by calling Jen Walsh at 508-478-1119 or by **EMAIL** (jwalsh@milfordma.com)