

*You can make this annual Milford event a great success!*

## **5K Road Race and Walk**

to benefit the Milford Special Olympics Program

If you would like to be a VOLUNTEER,  
please sign up below

**All ages welcome**

**(under the age of 10 must be accompanied by a parent/guardian)**

We need volunteers for this very special event. If you have the time to help – before, during or after the race – we could use the help.

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### Volunteer Sign-up

Name \_\_\_\_\_

If under 21, please indicate your age \_\_\_\_\_

Tele \_\_\_\_\_

Email \_\_\_\_\_

I can help with:

- |  |   |
|--|---|
| <input type="checkbox"/> Set up of signs, tables, etc. | <input type="checkbox"/> Registration sign in     |
| <input type="checkbox"/> Starting line coordination    | <input type="checkbox"/> Water station set up     |
| <input type="checkbox"/> Water handout                 | <input type="checkbox"/> Finish line coordination |
| <input type="checkbox"/> Refreshments                  | <input type="checkbox"/> FUN RUN                  |
| <input type="checkbox"/> Clean up                      | <input type="checkbox"/> Whatever you need        |

Please **MAIL** or **FAX** this form to Milford Special Olympics, 31 West Fountain Street, Milford, MA 01757.

Fax: 508-478-1684

Or volunteer by **PHONE** by calling Jen Walsh at 508-478-1120 ext. 1121 or by **EMAIL** ([jwalsh@milfordma.com](mailto:jwalsh@milfordma.com))